

USG WELL-BEING CONNECT A DEVICE

Start tracking today.



Step 1

Go to **Devices & Apps** in the menu.

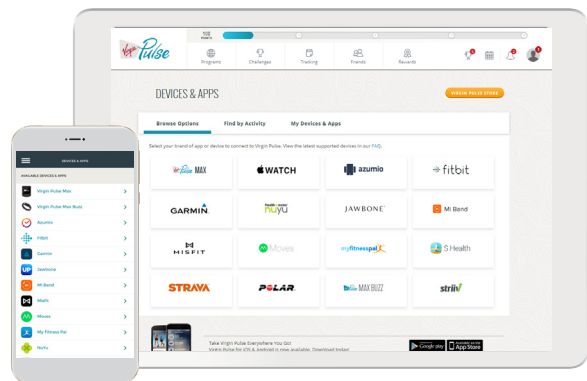
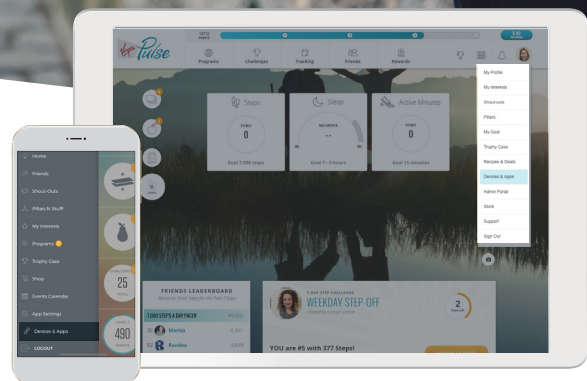
Step 2

Choose the device you'd like to connect.

Step 3

Follow a few simple steps. You'll see instructions right on your screen.

Employees and spouses covered on a USG healthcare plan can each earn up to a \$100 well-being credit for participating with USG Well-being programs!



Employees access at oneusgconnect.usg.edu; Manage My Benefits. Spouses access their account at ourwellbeing.usg.edu. For questions, email support@virginpulse.com or call 833-724-4874.

To receive the credit, you must be a current full-time employee or spouse enrolled in a USG healthcare plan during the pay period in which the credit is paid.



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Well-being



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Centered on You.