**USG WELL-BEING**

**CONNECT A DEVICE**

Start tracking today.

**Step 1**
Go to Devices & Apps in the menu.

**Step 2**
Choose the device you’d like to connect.

**Step 3**
Follow a few simple steps. You’ll see instructions right on your screen.

Employees and spouses covered on a USG healthcare plan can each earn up to a $100 well-being credit for participating with USG Well-being programs!

Employees access at [oneusgconnect.usg.edu](http://oneusgconnect.usg.edu); Manage My Benefits. Spouses access their account at [ourwellbeing.usg.edu](http://ourwellbeing.usg.edu). For questions, email [support@virginpulse.com](mailto:support@virginpulse.com) or call 833-724-4874.

To receive the credit, you must be a current full-time employee or spouse enrolled in a USG healthcare plan during the pay period in which the credit is paid.