USG WELL-BEING
CONNECT A DEVICE

Start tracking today.

Step 1
Go to Devices & Apps in the menu.

Step 2
Choose the device you’d like to connect.

Step 3
Follow a few simple steps. You’ll see instructions right on your screen.

Sign in to your USG Well-being account at ourwellbeing.usg.edu to get started.
For questions, email support@virginpulse.com or call 833-724-4874.

To receive the credit, you must be a current full-time employee or spouse enrolled in a USG healthcare plan during the pay period in which the credit is paid.