Employee Well-being Virtual Events-Week of May 4, 2020

**Tuesday, May 5**
2-2:20 pm Take 20: Cinco de Mayo Dance Party  
Click on this attendee link the time of event.

**Wednesday, May 6**
3-4 pm, Exercise Nutrition Workshop  
Click on this attendee link the time of event.

**Thursday, May 7**
10-10:30 am May Move for Mental Health Kick-off & Workout  
Click on this attendee link the time of event.

**Friday, May 8**
10-10:20 am Take 20 Cardio Dance: Happy Together  
Click on this attendee link the time of event.

*Before participating in these voluntary activities, please be sure to read USG Well-being Release of claims, Waiver of liability, Assumption of risks, and Indemnification agreement hyperlinked here.*